IN THE CLAIMS

- 1-53. (Cancelled)
- 54. (New) A method for dynamically updating a content list at an end user location, said method comprising the steps of:

receiving a content list from a feed station at a field station;

transmitting a copy of the content list from the field station to an end user station;

receiving a message from the feed station at the field station, the message comprising at least one revision to the content list;

implementing the revision to the content list at the field station; and

transmitting the revision to the end user station for revision of the content list at the end user station;

wherein the content list comprises an ordered sequence of stories, and wherein each story comprises at least text element, metadata, and zero or more references to a media object.

- 55. (New) The method of claim 54, wherein the revision comprises a change in an order of the stories in the content list.
- 56. (New) The method of claim 54, wherein the revision comprises an addition of a new story to the content list.
- 57. (New) The method of claim 54, wherein the revision comprises a deletion of a story on the content list.
- 58. (New) The method of claim 54, wherein the revision comprises the addition of a text element or a media object to a story in the content list.
- 59. (New) The method of claim 54, wherein the revision comprises the deletion of a text element or a media object to a story in the content list.
- 60. (New) The method of claim 54, wherein the revision comprises a modification of a text element or a media object associated with a story in the content list.

- 61. (New) The method of claim 54, wherein the content list comprises a reference to media objects and further comprising the steps of resolving the reference to the media object by obtaining the media object from a media and object server, wherein the media object includes one or more versions of associated media objects.
- 62. (New) The method of claim 54, wherein the metadata comprises at least one of text, XML markup, and binary information.
- 63. (New) The method of claim 54, wherein the message is received after the content list is transmitted to the end user station.
- 64. (New) The method of claim 54, wherein a plurality of messages are received at the field station and transmitted to the end user station, each of the messages including a revision to the same content list.
- 65. (New) The method of claim 54, further comprising the steps of selecting stories from the content list for transmission to the end user station from among a plurality of stories in the content list received from the feed station.
- 66. (New) The method of claim 65, wherein the stories for transmission to the end user station are selected on the basis of content of the story and identity of an audience associated with the end user station.
- 67. (New) The method of claim 54, further comprising the step of selecting stories from the content list for transmission to the end user station from among a plurality of stories in the content list received from the feed station.
- 68. (New) The method of claim 67, wherein the stories for transmission to the end user station are selected on the basis of content of the story and identity of an audience associated with the end user station.
 - 69. (New) A system for the distribution of content lists, the system comprising:

a feed station, the feed station comprising a user interface for creating and revising a content list and a transmitter for transmitting the content list and a message including a revision to the content list to a field station, the content list comprising an ordered sequence of stories, each story comprising at least text element, metadata, and zero or more references to a media object;

a field station comprising a receiver for receiving the content list and the message from the feed station, and a transmitter for transmitting the content list and the message to an end user station; and

a plurality of end user stations, each of the end user stations being configured to receive at least one content list from the field station.

- 70. (New) The system of claim 69, wherein the revision comprises a change in an order of the stories in the content list.
- 71. (New) The system of claim 69, wherein the revision comprises an addition of a new story to the content list.
- 72. (New) The system of claim 69, wherein the revision comprises a deletion of a story on the content list.
- 73. (New) The system of claim 69, wherein the revision comprises the addition of a text element or a media object to a story in the content list.
- 74. (New) The system of claim 69, wherein the revision comprises the deletion of a text element or a media object to a story in the content list.
- 75. (New) The system of claim 69, wherein the revision comprises a modification of a text element or a media object associated with a story in the content list.
- 76. (New) The system of claim 69, wherein the content list comprises a reference to media objects and further comprising the steps of resolving the reference to the media object by

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obtaining the media object from a media and object server, wherein the media object includes one or more versions of associated media objects.

- 77. (New) The system of claim 69, wherein the metadata comprises at least one of text, XML markup, and binary information.
- 78. (New) The system of claim 69, wherein the message is received after the content list is transmitted to the end user station.
- 79. (New) The system of claim 69, wherein a plurality of messages are received at the field station and transmitted to the end user station, each of the messages including a revision to the same content list.
- 80. (New) The system of claim 69, wherein the field station is configured to select stories from the content list for transmission to the end user station from among a plurality of stories in the content list received from the feed station.
- 81. (New) The system of claim 80, wherein the stories for transmission to the end user station are selected on the basis of content of the story and identity of an audience associated with the end user station.
- 82. (New) The system of claim 69, wherein the field station stores a copy of the content list received from the feed station and revises the copy of the content list stored at the field station in accordance with the revision in the message from the feed station.